

## 11th KIMANI Michitaka Memorial Athletics Meet TIME-TABLE (12 May 2024)

TRACK EVENTS						Call		
TIME	CATEGORY	EVENT	ROUND	ENTRY	組・着	Start	completed	
9:30	J.H.S (W)	100mH	TIME RACES	24	3	9:00	9:10	
9:40	H.S (W)	100mH	TIME RACES	24	3	9:10	9:20	
10:00	J.H.S (M)	110mH	TIME RACES	24	3	9:30	9:40	
10:15	H.S (M)	110mH	TIME RACES	24	3	9:45	9:55	
10:30	GP(Men)	110mH	HEAT	25	3-2+2	10:00	10:10	
10:55	GP(Women)	100mH	HEAT	24	3-2+2	10:25	10:35	
11:20	GP(Women)	100m	HEAT	24	3-2+2	10:50	11:00	
11:40	GP(Men)	100m	HEAT	24	3-2+2	11:10	11:20	
12:00	Opening Ceremony							
12:10	GP(Men)	1500m	FINAL	15	1	11:40	11:50	
12:25	GP(Women)	3000mSC	FINAL	18	1	11:55	12:05	
12:55	GP(Women)	400m	TIME RACES	20	3	12:25	12:35	
13:15	GP(Men)	400m	TIME RACES	20	3	12:45	12:55	
13:35	GP(Women)	400mH	TIME RACES	21	3	13:05	13:15	
13:55	GP(Men)	400mH	TIME RACES	24	3	13:25	13:35	
14:15	GP(Women)	800m	TIME RACES	24	3	13:45	13:55	
14:35	GP(Women)	100mH	FINAL	8	1	14:05	14:15	
14:50	GP(Men)	110mH	FINAL	8	1	14:20	14:30	
15:05	GP(Women)	100m	FINAL	8	1	14:35	14:45	
15:15	GP(Men)	100m	FINAL	8	1	14:45	14:55	
15:35	100m H / 110m H Victory Ceremony							
15:45	E.S(W)	4 × 100m	TIME RACES	18	2	15:15	15:25	
15:55	E.S(M)	4 × 100m	TIME RACES	18	2	15:25	15:35	
16:05	J.H.S (W)	4 × 100m	TIME RACES	24	3	15:35	15:45	
16:20	J.H.S (M)	4 × 100m	TIME RACES	24	3	15:50	16:00	
16:35	H.S (W)	4 × 100m	TIME RACES	24	3	16:05	16:15	
16:50	H.S (M)	4 × 100m	TIME RACES	24	3	16:20	16:30	

JUMP EVENTS						Call	
TIME	CATEGORY	EVENT	ENTRY	ROUND	PLACE	Start	completed
9:30	J.H.S&H.S (W)	LONG JUMP	4+4	FINAL	Main	8:40	8:50
9:30	J.H.S&H.S (M)	LONG JUMP	4+4	FINAL	Main	8:40	8:50
12:10	GP(Men)	LONG JUMP	12	FINAL	Main	11:20	11:30
13:00	GP(Men)	POLE VAULT	12	FINAL	B-zone	11:50	12:00
14:55	GP(Women)	LONG JUMP	12	FINAL	Main	14:05	14:15

THROWING EVENTS						Call	
TIME	CATEGORY	EVENT	ENTRY	ROUND	PLACE	Start	completed
9:30	J.H.S(M&W)	DISCUS THROW	4+4	FINAL	A-zone	8:30	8:40
11:00	H.S(M&W)	DISCUS THROW	4+4	FINAL	A-zone	10:00	10:10
12:45	GP(Women)	DISCUS THROW	11	FINAL	A-zone	11:45	11:55
14:45	GP(Men)	DISCUS THROW	12	FINAL	A-zone	13:45	13:55

《 Competition instructions 2024 》

1. This Meet will be conducted in accordance with the rules and regulations of the WA 2024 and 2024 rules and regulations of the JAAF and the regulation of the organizer will be applied.
2. Admission to the Venue
  - ① The Opening time will be 7:30.
  - ② A check-in desk (TIC) will be set up at the NAGAI PARK HOTEL on May 11th 9:00~17:00.
  - ③ YANMAR STADIUM has only two entrances, Main Entrance of stadium and Marathon Gate. The Marathon Gate will be used exclusively for access to the meet. Meet credentials are required at YANMAR STADIUM and YANMAR FIELD STADIUM.
  - ④ Show your accreditation card clearly upon entering/exiting.
3. Changing Room
  - ① Changing Room for male & female Grand Prix athletes are located at YANMAR STADIUM.
  - ② They are only for changing and are not to be used as waiting room.
4. Warm-Up
  - ① YANMAR FIELD STADIUM and YANMAR STADIUM Indoor Practice Field : 7:30~17:00
  - ② YANMAR STADIUM : May/ 11th (10:00~16:00)
  - ③ May/ 10th Grand Prix Event athletes can practice at YANMAR FIELD STADIUM (13:30~16:30). Throwing cannot.
  - ④ May/ 11th Grand Prix Event athletes can practice at YANMAR STADIUM (10:00~16:00). Throwing cannot.
5. Call Room (Final Confirmation)
  - ① Call Room will be set up at Marathon Gate (between the No.1 corner and the No.2 corner) of YANMAR STADIUM.
  - ② Athletes shall wear bibs which are provided by the organizer.
  - ③ Final Confirmation for each event shall be 10 minutes prior to Final Call.

Final Call	TRACK EVENTS		
Min. prior to start	20 minutes		
	JUMP EVENTS		THROWING EVENTS
	Pole Vault	Long Jump	50 minutes
	60 minutes	40 minutes	

- ④ The athletes who are late for when the Call time is completed are counted as dropping out of the race.
- ⑤ The racing wear and bibs are to be inspected during the call. Athletes are required not to leave the call area until instructions given by officials.
- ⑥ We check to see if you have brought in any devices related to competition rules TR6.3, such as mobile phones.
- ⑦ Athletes Representatives are not allowed in the Call Room.
- ⑧ Athletes who will be absent must submit the designated “Withdrawal Form” to the Athlete Section at least 30 minutes before the call-up time.
- ⑨ However, if a contestant who advances from the preliminaries to the finals is withdrawal, he/she must submit “Withdrawal Form” to Call Room Judges at least 90 minutes before the completion of the call.
- ⑩ If a finalist is absent, the next ranked competitor will be substituted and the competition will be held.

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### 6. Events

- ① Number of spikes permitted is a maximum of 11 pins, with a maximum length of 9mm. However, high jump must not exceed 12mm. (WA rules TR5.2)
- ② Raising of the bar for Pole Vault is shown below

Event	Practice	1	2	3	4	5	6~
V(Men)	optional height	5m10	5m30	5m40	5m50	5m60	+5cm

- ③ The maximum thickness of the sole must be within 20 mm for field events (excluding triple jump), within 25 mm for triple jump, within 20 mm for track events less than 800m, and within 25 mm for track events over 800m.

### 7. Protests and Appeals

Protests are permitted and will be processed in accordance with World Athletics Rule 8 of the Technical Rules.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf. Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

### 8. Privacy Statement

- ① The organizer and the host company abide by all laws and ordinances concerning the protection of personal information and adhere to the personal information protection policy when handling personal information. The organizer may use personal information for the purposes of preliminary qualification examination, preparation of the race program, result announcement, and delivering relevant information about official website, event operation and athletic sports.
- ② This meet may be broadcasted on TV and video of the meet posted on the internet. Personal information may be released to news media including TV, radio, newspapers, magazines and the internet.
- ③ The organizer, the host company and the third parties approved by the organizer and the host company may post videos, photographs, articles, individual records related to the race on media such as advertising materials including the race program and posters, TV, radio, newspapers, magazines and the internet by way of operating and promoting the event.

### 9. Doping Control

- ① This competition is a competition (time) doping test based on the World Athletics Anti-Doping Rules and Regulations or the Japan Anti-Doping Regulations.
- ② Doping Control is conducted in accordance with WA Anti-Doping Rules and Regulations and Japan Anti-Doping Code. A urine and/or blood sample may be taken for testing before or after the race. Those athletes who are designated by the officials must follow the instructions of the medical personnel in charge. When athletes are selected for testing, they are required to bring Photo ID.
- ③ Therapeutic Use Exemption (TUE) Athletes who use any medications prohibited according to the Prohibited List International Standard to treat the medical condition must submit the TUE application prior to the race.

For further information, please access the following websites.

JAAF Medical: <http://www.jaaf.or.jp/about/resist/medical/>

JADA: <http://www.playtruejapan.org/>

<p>About clothing that can be worn in the stadium and items that can be brought in</p>	<p>According to the advertisements and exhibition regulations in the competition, the manufacturer name / logo, sponsor name / logo size, and number that can be posted on clothing that can be worn in the stadium are as follows. The number and size of items that can be posted in [International] and [Domestic] are different, so be careful especially for WACT bronze contestants. Check and prepare in advance. If it violates, mask it with tape or the like.</p> <p>&lt;Athlete kit&gt;  (1) Competition clothing (tops, vests, pants, leggings, etc.), warm-up clothing, ceremony kits, tracksuits, T-shirts, sweatshirts, sweatpants, rain jackets.  ○ Top and bottom [Each] * Sponsor name / logo must be exactly the same on the top and bottom.  • Manufacturer name / logo: 1/1 location up to 40 cm<sup>2</sup> (height 5cm)  • Sponsor name / logo: 2/2 locations Up to 40 cm<sup>2</sup> (height 5cm) 1/1 location of sponsor name / logo can be changed to any of the following [Affiliation name / logo] or [School name / logo]: Up to 40 cm<sup>2</sup> (height 5cm) per place.</p> <p>(2) All other apparel worn by athletes (socks, headgear, hats, headbands, gloves, armbands, glasses, sunglasses, etc.) • Manufacturer name / logo: 1/1 location up to 6 cm<sup>2</sup> (height 3cm) * For glasses and sunglasses, the manufacturer name / logo can be posted in two places.</p> <p>&lt;Personal property and accessories&gt;  (1) Towel, bag  • Manufacturer name / logo: 1/1 location up to 40 cm<sup>2</sup> (height 5cm)  • Sponsor name / logo or player name / player's personal hashtag: 2/2 locations up to 40 cm<sup>2</sup> each (height 5cm)</p> <p>* For bags, one of the sponsor names / logos / one place can be changed to one of the following: [Affiliation name / logo] or [School name / logo]: 1/1 place up to 40 cm<sup>2</sup> (height 5cm) (2) Beverage bottle  • Drink providers, manufacturers, And (or) athlete sponsor name / logo: up to 40 cm<sup>2</sup> (height 5 cm) each * If you bring a PET bottle, remove the label.</p> <p>(2) Beverage bottle  • Drink providers, manufacturers, And (or) athlete sponsor name / logo: up to 40 cm<sup>2</sup> (height 5 cm) each * If you bring a PET bottle, remove the label.</p>
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10. Miscellaneous

- ① For all advertising and displays including competitors' clothing and materials, 2024 WA competition rules apply. The advertising rules also follow the WA rules and associated regulations shall be strictly applied to the competition.
- ② Clothes for Grand Prix Events' athletes will be transported to PECA.
- ③ It is athletes' responsibility to secure their clothing and personal belongings against theft or loss. Organizers will not be held responsible for any theft or loss